



SHAPING EUROPE TOGETHER



Internships at the European Institutions: Blue Book Traineeship, European Commission

University of Strasbourg

Carlos Terán,
European Commission

April 17th 2023



About me



[Carlos Terán](#)

- **Administrative Policy Assistant, Data Policy & Innovation, DG CONNECT, European Commission**
- Equality Taskforce (DG JUST)
- EPSO Staff Ambassador
- Blue Book Trainee (M22)
- Architecture, Urbanism, Linguistics
- US, France, Italy, Luxembourg
- 7 Foreign Languages

EU Institutions as employers



Profiles



European Public
Administration



Economists



Finance Officers



Auditors



External
Relations



Communication
specialists



ICT



Scientists



Lawyers



Lawyer-
linguistics



Translators



Linguistic
assistants



Interpreters



Assistants



Secretaries



Who are we looking for?

**EU
citizens**

**Minimum of 2
EU languages**

**Working in
multicultural
teams**

**Graduates +
Non-graduates**

What do we offer?

Interesting &
challenging work

International
working
environment

Personal
development,
training courses

Flexible working
conditions

Job mobility

Work-life balance

Well-being
initiatives

Shaping Europe
together

Collaborative way
of working

Inclusion, equality
and diversity

Compensation
& benefits



Info and jobs on EPSO's website

What's new?



Assistants in security and safety

Would you like to start an international career within a multicultural and diverse team?



EPSO is delivering

The pandemic slowed us down but we are getting back on track! We are picking up speed and dealing with the 'backlog'.



Contract Staff (CAST Permanent)



EPSO Tweet

Highlights



European Committee of the Regions Traineeship programme

News

Reserve list - Administrators in the field of Data Protection
Post date: 09/12/2022

Final results of the competition - Laboratory technicians
Post date: 06/12/2022

Final results of the competition - Polish-Language (PL) Lawyer-Linguists
Post date: 01/12/2022

[Read more news](#)



Competitions

Permanent officials (civil servants)

Types of competitions

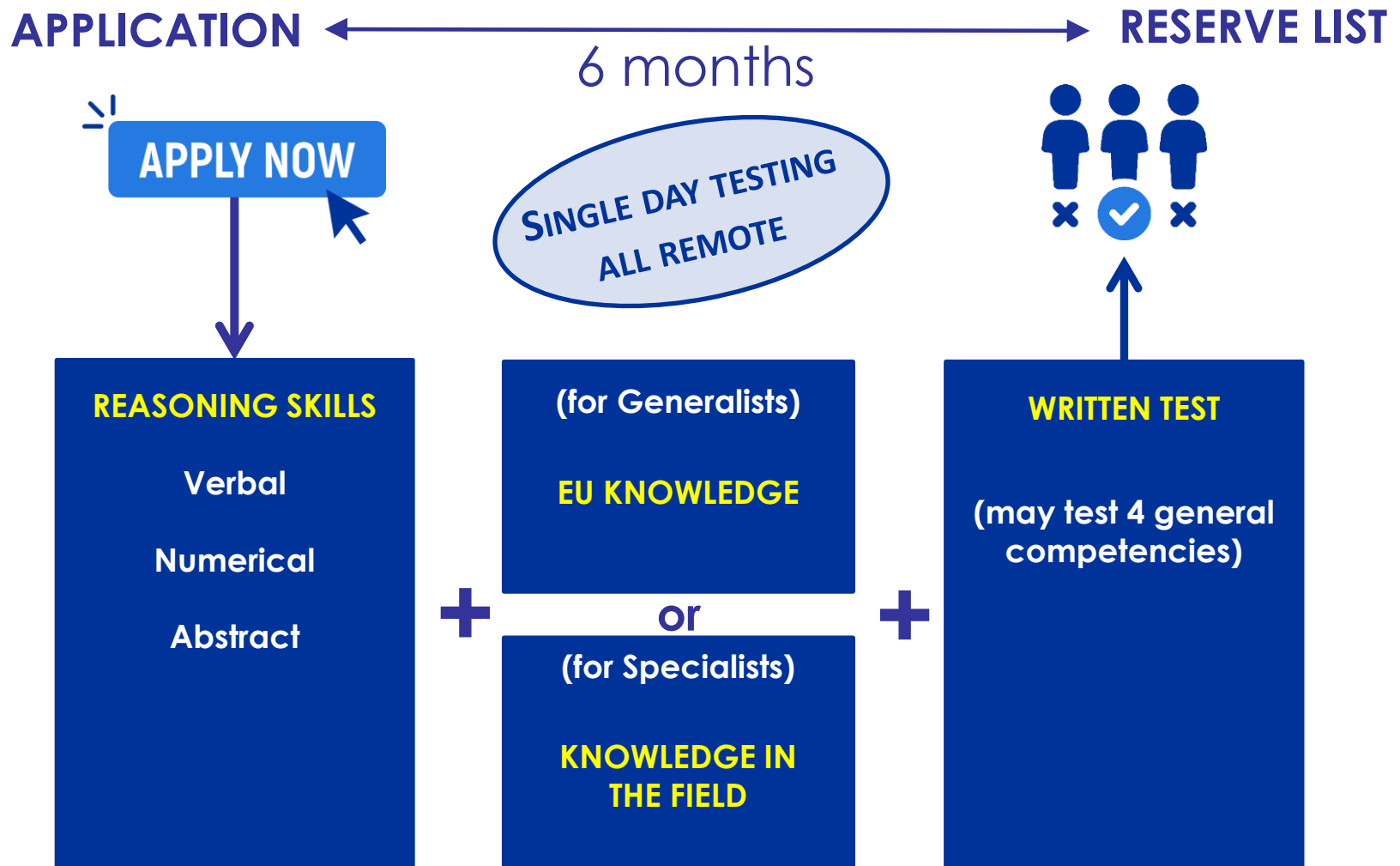
Generalists

- **No** fields
- **No** professional **experience** needed
- For **graduates**
- **Entry-level** (Grade AD5)

Specialists

- **Specialised** fields
- Professional **experience** needed for most profiles
- For **graduates** and **non-graduates**
- Grade AD6, AD7, AST3

Elements of a competition



What we are looking for

Critical thinking,
analysing & creative
problem solving



Decision-making & getting
results



Information management
(digital & data literacy)



Communication



Working with others



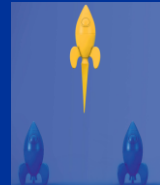
Learning as a skill



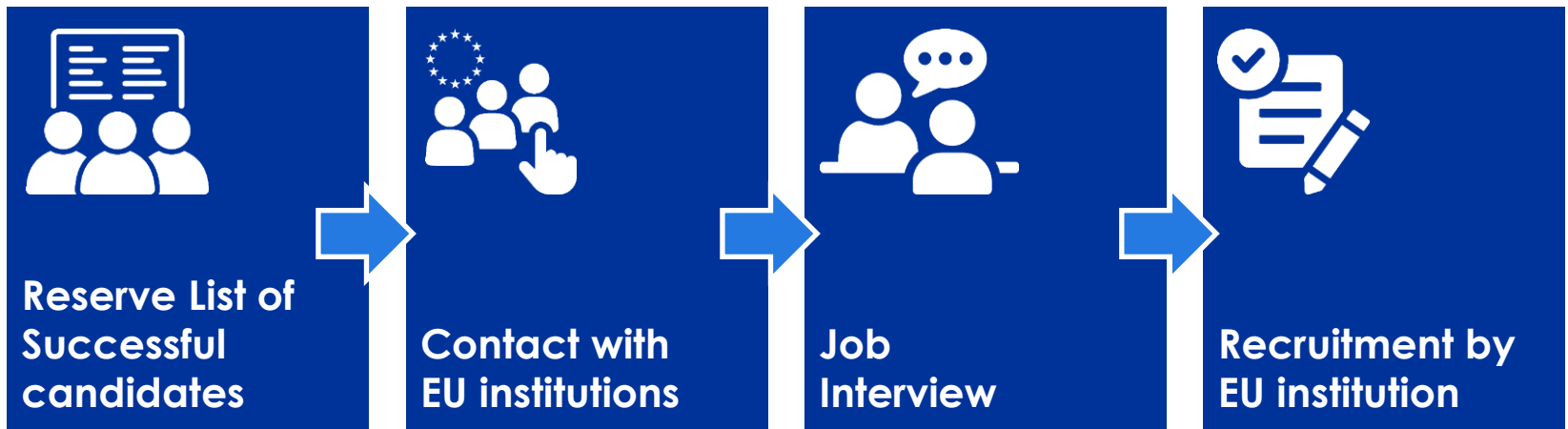
Self-management



Intrapreneurship



Successful Candidates



Upcoming Competitions

Field	Languages	Grade	Application period
Administrators in the field of Economics	EU-27	AD6	May 2023 (tbc)
Administrators in the field of Intellectual Property (EUIPO)	EU-27	AD6	May 2023 (tbc)
Administrators in the field of Crisis Management, Migration and Internal Security	EU-27	AD7	June 2023 (tbc)
Administrators in the field of Transport	EU-27	AD7	July 2023 (tbc)
Generalist Administrators (all fields)	EU-27	AD5	September 2023 (tbc)

Other staff categories

**Contract
agents
(CAST)**

**Temporary
agents**

Interim staff

Freelance

**Seconded
National
Experts**

Trainees



Traineeships

Traineeships in the EU institutions

- All EU institutions offer traineeships – not centralised
- Consult EPSO's website for links to each programme: **Job opportunities > Traineeships**



Traineeships

If you would like to get a taster of a career with the EU institutions, why not apply for a traineeship?

Each year, around 1,900 young people are offered the chance to increase their professional skills, develop their personal qualities, and enhance their EU knowledge through the EU trainee programmes. Most of the EU institutions organise traineeships for young university graduates, each lasting usually between 3 and 5 months.

Traineeships are available in a wide range of fields and offer a great insight into the work of the EU. The content of the job largely depends on the service you are assigned to. Opportunities are available in the fields of competition law, human resources, environmental policy, communication and many more.

The selection procedures for traineeships are run individually by the EU institutions and agencies themselves. You can see below some of the opportunities available. Please note that maybe not all available opportunities are displayed on this site.

Institution/Agency

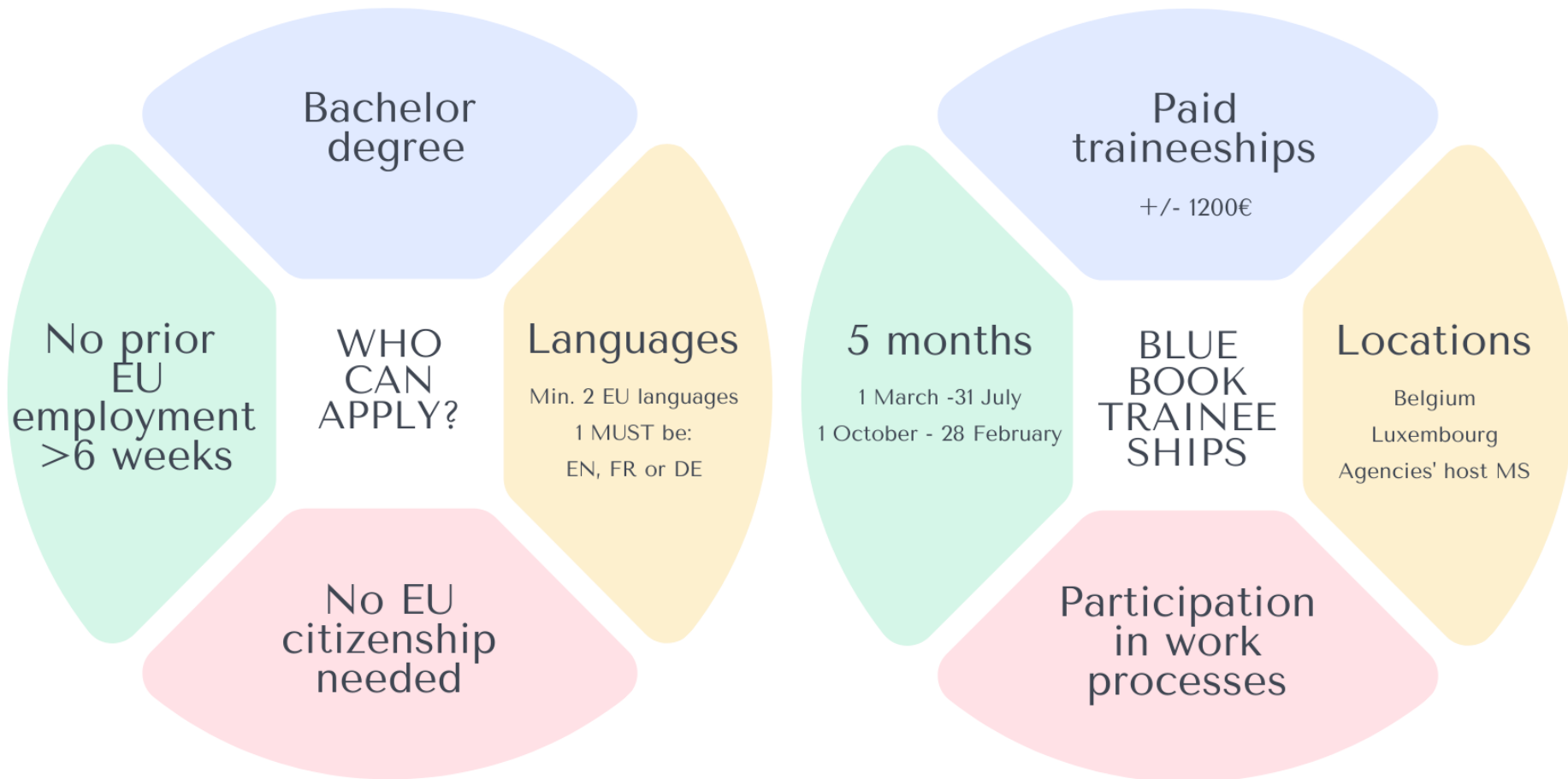
(ACER) Agency for the Cooperation of Energy Regulators	Search
(EUIPO) European Union Intellectual Property Office	
(EUROFOUND) European Foundation for the Improvement of Living and Working Conditions	
(EUROJUST) The European Union's Judicial Cooperation Unit	
(Europol) European Union Agency for Law Enforcement Cooperation	
(EUSPA) European Union Agency for the Space Programme	
(F4E) European Joint Undertaking for ITER and the Development of Fusion Energy	
(FRA) European Union Agency for Fundamental Rights	
(FRONTEX) European Border and Coast Guard Agency	
(SatCen) European Union Satellite Centre	
Bio-based Industries Joint Undertaking	
Council of the European Union	
Court of Auditors	
Court of Justice	
European Commission	
European Committee of the Regions	
European Data Protection Supervisor	
European External Action Service	
European Ombudsman	
European Parliament	
Joint Research Centre	

paid: Yes: 600€ (Monthly Grant) and 350€ (Accommodation Allowance).

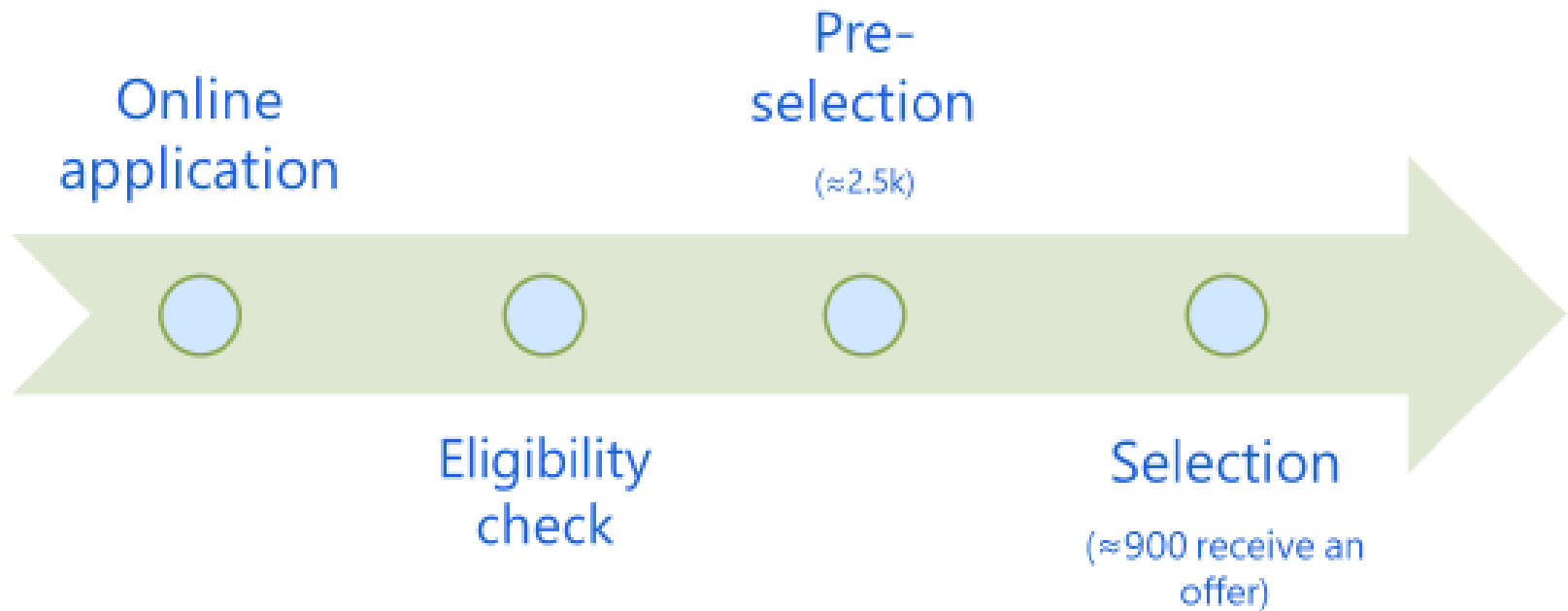
Starting Dates: 1st September or 1st March.



Traineeships @ European Commission



Key steps to a Blue Book Traineeship



- 📄 Apply in August 2023 for the March 2024 traineeship
- 📄 Apply in January 2024 for the October 2024 traineeship
- 🖱️ <https://traineeships.ec.europa.eu/>

Who can apply?

Application
within the
deadline

Bachelor
degree

Minimum of
2 EU languages

1 language
must be:



No EU
citizenship
needed

No age limit



You?

No prior EU
employment
of more than 6
weeks

My Blue Book Traineeship



Blue Book Trainee



- **DG CNECT G3 - Web Accessibility, Multilingualism & Safer Internet**
- WADEX Webinar Series
- Project management tasks
- Social media content
- EU Code Week Project
- Europa website
- Presentations with EU Member States

Trainees Committee

- **Vice-President**
- Institutional visits
- Organising events
- Social events and gatherings
- Traineeships Office in DG EAC Brussels



Contract Agent



- **Assistant to the Head of Unit**
- **CAST**
- **Back-up Equality Coordinator for DG CNECT: Gender Equality Strategy**
- **Diverse & Inclusion**
- **ISGs Brussels, Luxembourg**

Contract Agent



- **EPSO Staff Ambassador**
- University of Strasbourg
- Loyola University Andalucía
- Universität of Konstanz
- University Paris Panthéon-Assas
- University of Luxembourg



Temporary Agent



- **Administrative Assistant to the Unit**
- DG CNECT G1 – “Data Policy & Innovation”
- No CAST
- DMDO
- MSs Stakeholders
- Collaboration with horizontal Units of the Directorate-General
- Administrative and human resource management functions

Are you next?



[LinkedIn: Carlos Terán](#)



SHAPING EUROPE TOGETHER



Questions? Thank you!
www.eu-careers.eu

